

Basics – How to Worship

What is worship?

Worship is responding to God's worth with every part of our lives—our hearts, minds, words, obedience, generosity, prayers, and praise.

As we get revelation of God's nature and character, the natural response is worship.

We were created for worship and were given free will so that we can choose what or who we worship.

Romans 12:1-5 (NLT)

"And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice... This is truly the way to worship him..."

Choosing to give yourself over to God and His will is a spiritual act of worship, serving His purposes and His people.

We Are to Worship in Spirit & Truth

Jesus redefined worship in John 4:23-24. Worship is no longer about a place, but about how we worship. Through Christ, believers become the temple of the Holy Spirit.

Worship in Spirit

1. Empowered by the Holy Spirit (Romans 8:14; Philippians 3:3).
2. From your inner being—not merely outward actions (Psalm 51:17).
3. Relational—meeting with God rather than performing ceremony.

Worship in Truth

1. According to God's revealed Word (John 17:17).
2. Through Jesus, who is the Truth (John 14:6).
3. With sincerity and authenticity (Matthew 15:8).

Spirit Without Truth

- Emotionalism
- Experience-driven

- Disconnected from Scripture
- Based on feelings rather than God

Truth Without Spirit

- Intellectual
- Ritualistic
- Cold
- Lifeless

Spirit and Truth Together

Spirit gives worship its life. Truth gives worship its foundation.

A Beautiful Picture

Mary of Bethany (John 12):

- Recognized who Jesus truly was (truth).
- Poured out her most valuable possession in love (spirit).
- Worshiped extravagantly, personally, humbly, and centered on Christ.

Application

- Meet with God through the Holy Spirit.
- Respond from the depths of your heart.
- Worship according to Scripture.
- Center your worship on Jesus.
- Live a surrendered life that reflects what you sing.

Ways We Worship

Through Praise: Psalm 95:1-7; 96; 98; 100; 103; 145; 146-150; Isaiah 12:4-6; Hebrews 13:15.

Through Singing: Ephesians 5:18-20; Colossians 3:16; Psalm 33:1-3; 40:3; 96:1; 149; James 5:13.

Through Bowing, Kneeling & Reverence: Psalm 95:6; 99:5; Nehemiah 8:6; Genesis 24:26-27; Exodus 34:8; Matthew 2:11; Luke 24:52.

Through Obedience: 1 Samuel 15:22; Micah 6:6-8; Ecclesiastes 5:1-2; John 14:15; James 1:22.

Through Thanksgiving: Psalm 50:23; 69:30; 100:4; 1 Thessalonians 5:16-18; Colossians 3:15-17.

Through Giving: Proverbs 3:9-10; 2 Corinthians 9:6-8; Malachi 3:10.

Through Prayer: Psalm 141:2; Luke 18:1; Acts 2:42; 1 Timothy 2:1-8.

With Hands Lifted: Psalm 63:4; Psalm 134:2; Lamentations 3:41; 1 Timothy 2:8.

Through Dancing & Instruments: Psalm 149:3; Psalm 150; 2 Samuel 6:14-15; Exodus 15:20-21.